



## NSSA newsbits

### NSSA awards at the Nutrition Congress 2016

Several awards were handed out by the NSSA at the Nutrition Congress 2016, held in Somerset West from 3–5 September 2016.

#### The Nutrition Society Award

Johann Jerling received the Nutrition Society Award in recognition of his contribution to nutrition research in South Africa over the years. Prof Jerling focused his research on the major area of fibrinogen and haemostasis and the influence of glycaemic control. The work on haemostasis has been translational in nature and the studies involving ethnicity and diet related factors influencing haemostasis, fibrinogen and plasminogen activating factor have provided insights into the mechanisms involved in cardiovascular risk. He has also been a participating member in the PURE (Prospective Urban Rural Epidemiology) study, which has been published in a number of very prestigious International Journals, including The Lancet. He is also well known nationally and internationally for his role in building capacity in Nutrition Leadership in Africa through activities in the African Nutrition Leadership Programme (ANLP).

#### NSSA Senior Scientist Awards

The Nutrition Award, given to a senior scientist for the best oral

presentation on nutrition research, was presented to Edelweiss Wentzel-Viljoen for her paper on *Evaluation of a mass-media public awareness campaign to reduce discretionary salt use in South Africa*. Salomé Kruger received the second prize for her paper on *Agreement between body mass index and percentage body fat categories in black South African women*.

#### NSSA Junior Scientist Awards

The Nutrition Award, given to a junior scientist for the best oral presentation on nutrition research, was presented to Marinka van der Hoeven for her paper on *Consumption of locally produced foods in South Africa: a qualitative inquiry of women's perceptions*. Mariaan Wicks received the second prize for her paper on *Comparing food classification of various nutrient profiling models to the opinions of South Africans dietitians*.

#### William Fox Memorial Prize

The NSSA William Fox Memorial Prize for the Best Poster Presentation was presented to Friede Wenhold for her poster on *The accuracy of bean bags as portion size estimation aids for different food types among elderly*.