



SASPEN News

SASPEN would like to wish all members well at the start of a new year!

SASPEN is working hard behind the scenes planning various events for 2017.

In SASPEN's previous news bulletins there have been alerts on the nutritionDay initiative. South Africa has never participated in this initiative. Getting nutritionDay off the ground in South Africa in 2017 is a major focus for SASPEN and ENASA. The first step would be to identify centres that would be interested in participating and to get ethics approval for participation. To learn more about nutritionDay please visit www.nutritionday.org. If you are interested in participating please contact a SASPEN representative. There will be further communication through our social media platforms for nutritionDay 2017.

SASPEN is proud to announce that it will be joining the Critical Care Society of Southern Africa (CCSSA) again this year in Sun City. The congress will take place from 19–22 October 2017. The theme of this years' congress is "Precision medicine". SASPEN is taking part with a programme themed "Hitting the bull's eye with nutrition in ICU". The program is focusing on diverse patient populations in ICU. We

look forward to a program addressing disease specific nutrition and spicing things up with debates around ICU requirements and round-table discussions with international experts.

SASPEN, together with ENASA, is also excited to facilitate the Life Long Learning (LLL) program at this congress. We look forward to welcoming the different role-players in nutrition to the LLL and spreading the knowledge and understanding of nutrition in the ICU. Keep an eye on our social media platforms for more information as it unfolds. You can visit the congress webpage at www.criticalcare.org.za/CSSA17.

SASPEN is again offering members the opportunity to become an ESPEN member at a reduced rate through block membership. If you are interested please contact us via email at info@saspen.com.

SASPEN will be taking part again in the various nutrition events throughout 2017. We would also like to hear about your initiatives and plans. Please like us on Facebook, follow us on Twitter and join us on LinkedIn to stay informed about events and opportunities. You can visit our webpage on www.saspen.com or download our SASPEN application on your smart devices.