



SASPEN News

The South African Society for Parenteral and Enteral Nutrition would like to wish all members a wonderful new year.

SASPEN has something to celebrate this year. We are turning 30 years old!

As SASPEN council, we look forward to bringing some new ideas and opportunities to the nutrition scene this year. We would like to increase our member benefits and provide all professionals working in clinical nutrition with a platform where we can promote, encourage and coordinate the development of clinical nutrition practices in South Africa.

SASPEN will be joining the British Dietetic Association again this year for Dietitian's Week, 4–8 June 2018. The theme for this year is "Dietitians do Prevention". We will be partnering with ENSASA and ADSA to provide dietitians with resource packs to use during the week. We have a few new and exciting events planned around the week. Please keep an eye out on our SASPEN Facebook page for opportunities to get involved.

The annual Critical Care Society of Southern Africa (CCSSA) congress will be taking place in Durban 23–26 August 2018. SASPEN will be joining CCSSA again this year. We will keep you updated on developments through our website and social media platforms closer to the time.

One of our exciting new initiatives is the "PM Ward Round club". The concept is a monthly meeting that will consist of a one-hour presentation by different members of the multi-disciplinary team on a specific topic. 1 CPD point will be accredited per ward round. The first PM Ward Round Club will be held in Cape Town on 5 April 2018. There is a membership fee involved for registration and SASPEN members can enjoy a discounted fee. We hope to expand this initiative to other provinces with time. If you are interested in this club, please contact Anna-Lena du Toit at Anna-Lena.duToit@westerncape.gov.za for more information. This club is open to all healthcare professionals with an interest in clinical nutrition.

Members are reminded that membership renewal is due for the 2018–2019 membership year. Please update your details on the SASPEN website if there have been any recent changes. New members are welcome to join by following this link <http://www.saspens.com/registration>

We would like to hear about your initiatives and plans. Please like us on Facebook, follow us on Twitter and join us on LinkedIn to stay informed about events and opportunities. You can visit our webpage at www.saspens.com or download our SASPEN application on your smart devices.