DIETITIANS’ WEEK 2019

The Association for Dietetics South Africa (ADSA), the South African Society for Parenteral and Enteral Nutrition (SASPEN), the Enteral Nutrition Association of South Africa (ENASA) and the Hospital Dietitian’s Interest Group (HDIG) were proud to join forces to celebrate Dietitians’ Week from the 3rd to 7th June 2019.

The theme was #WhatDietitiansDo, a public campaign to highlight the various career choices available to dietitians. The main aim was to correct the misperception the public holds that a dietitian is a nutritional health professional, available only through private practice, to those who need and can afford weight loss expertise. We know that the reality couldn’t be more different. At the core of every dietitian’s work is evidenced-based nutrition science and the ability to interpret this to meet an endless variety of demands for sound and expert nutrition advice. Fellow colleagues are employed across private practice and public health care; academia and research; corporate, government and non-government sectors.

Educonnect has the following to say in response to Dietitians’ Week:

‘Dietetics is more complex than you might have thought. Regardless of the realm dietitians work in, they are health professionals with huge responsibility. If you have an interest in health, science, and caring for individuals in need of guidance, this could be a career you could thrive in.’ And we couldn’t agree more!

Stay in touch with ADSA and help us spread the word that optimal nutrition is essential for all South Africans:

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