



## SASPEN News

### SASPEN has had a very busy and exciting third quarter this year!

The CCSSA/SASPEN congress took place in Cape Town from 28 August until 1 September 2019. SASPEN had a very successful congress with three workshops and two Life Long Learning (LLL) courses that were held as part of the pre-congress workshops. The workshops were well received and we will aim to repeat this at future congresses. The scientific programme had great input from two international speakers, Prof. Olav Rooyackers (Sweden) and Dr Emma Ridley (Australia) as well as our local Faculty. The congress presentations are available on the SASPEN website for members to access. SASPEN held a lucky draw for members who visited the SASPEN stand at the congress. We would like to congratulate the winners and thank the sponsors for the great gifts. The Arina Prins awards were awarded during the gala dinner and SASPEN would like to congratulate all the winners (Mrs V Donoghue [Best International Publication and Best Review Article], Mrs E van Tonder [Best National Publication] and Dr V Uckerman [Best Case Study Publication]) for their contributions to nutrition research. SASPEN also introduced a new award for Best Oral Presentation in the SASPEN congress programme which went to Prof. R Blaauw for her abstract "Plasma glutamine levels in relation to ICU patient outcomes". SASPEN will be joining CCSSA again for the congress in 2020 which will take place from 30 July – 2 August 2020.

The new SASPEN council for the term 2019–2021 was announced at the congress. The SASPEN Executive Council is Lizl Veldsman (Immediate-past president), Vanessa Kotze (President), Anna-Lena du Toit (President-elect and Scientific Secretary) and Engela Francis (Treasurer). The General Council is Lindie Mosehuus, Logesh Govender, Lynette Cilliers, Karen Steynberg and Shihaam Cader.

The SASPEN PM Ward Round Club continued strongly into the third quarter by hosting three more successful events. In July Tracy Ugarchunt led the discussion around diabetes and new insulin therapies in a very practical and informative session. We had the privilege of Dr Emma Ridley (Australia) speaking

at the August round during the congress. She shared her thoughts and challenges around managing the obese critically ill patient. For the September meeting Lynette Cilliers and Dr Kate MacMullen presented a very interesting case of a young stroke patient who presented with locked in syndrome. This case again focused attention on the challenges we face with the long-term feeding and rehabilitation of such patients and the enormous difference it can make to outcome. If you want to join the SASPEN PM Ward Round Club, please visit the website for more information. If you are interested in presenting a case at one of these events please contact [Anna-Lena.duToit@westerncape.gov.za](mailto:Anna-Lena.duToit@westerncape.gov.za).

SASPEN, with the support of Fresenius Kabi, hosted the first ever LLL weekend programme in South Africa and it was a great success! The weekend event took place in Johannesburg from 27–29 September 2019. A total of eight LLL modules were presented, two of which were paediatric models. We would like to thank the international presenters, Prof. Remy Meier and Mrs Tena Niseteo, as well as the local LLL trainers who worked hard to make this weekend a success. We are also proud of the nine new local LLL trainers who graduated at this event. SASPEN would like to welcome Prof. Ivan Joubert, Dr Maryke Spruyt, Ms Lize van der Merwe, Mrs Madeleine Coetzee, Mrs Engela Francis, Prof. Veronica Ueckerman, Prof. Fathima Paruk, Dr Kuban Naidoo and Dr Hussein Cassimjee. Keep an eye on our social media platforms for upcoming LLL events!

SASPEN membership renewal is coming up and will be communicated with members via email and social media.

SASPEN would like to thank the industry and every SASPEN member for their support during 2019. We look forward to working with you in future!

We would like to hear about your initiatives and plans. Please like us on Facebook, follow us on Twitter and join us on LinkedIn to stay informed about events and opportunities. You can visit our webpage on [www.saspen.com](http://www.saspen.com).