



ADSA directions

ADSA NATIONAL ROADSHOW 2019/2020

The ADSA Executive Committee is excited to launch the National Roadshow for 2019/2020 and will be visiting ADSA branches across the country. Topics that will be presented during the events include updates on recent ADSA activities, the ICD 2020, developments regarding the new nutrition professional, the National Health Insurance (NHI), and leadership in nutrition.

The Roadshow kicked off at the Gauteng South branch on 15 October and it was a resounding success. We were privileged to have Rebone Ntsie, Director of Nutrition at National Department of Health, as our keynote speaker for the event. Rebone, an alumnus of the African Nutrition Leadership Programme shared on the topic of Leadership and Nutrition. Next, we visited the Eastern Cape branch at an event hosted in Port Elizabeth on 25 October. We were honoured to have Professor Edelweiss Wentzel-Viljoen share her vast



Rebone Ntsie presenting at the ADSA Gauteng South Roadshow



ADSA Eastern Cape Roadshow

knowledge and experience in a presentation titled 'The Past, Present and Future of the dietetic profession in South Africa', with an update on the new nutrition professional.

ADSA will visit KZN on 7 November, Pretoria on 15 November, the Free State branch in Bloemfontein on 5 December 2019 and will visit the remaining branches in the first quarter of 2020. Keep a look out in the ADSA mailer for more information about the next roadshow event in your province. This is a great opportunity to learn, network, voice your thoughts and views and to meet members of the executive committee.

INTERNATIONAL CONGRESS OF DIETETICS (ICD 2020) REGISTRATION IS OPEN

The world of nutrition is coming to Africa. Online registration for ICD 2020 is open (<http://www.icda2020.com/index.php/register>). We are pleased to announce that there are reduced rates for ADSA and NSSA members. Please take note that early bird registration closes on **31 March 2020**. Don't miss out on this once in a lifetime opportunity to attend this fantastic congress at a discounted rate.

Kind regards,

Association for Dietetics in South Africa (ADSA)

Executive Committee

www.adsa.org.za


Stay in touch with ADSA and help us spread the word that optimal nutrition is essential for all South Africans:

 www.facebook.com/ADSAorgza

 www.twitter.com/ADSA

 Blog: <http://nutritionconfidence.wordpress.com>

 Website: <http://www.adsa.org.za>

 Email: info@adsa.co.za or adsacomms@gmail.com

KEYNOTE SPEAKERS

INTERNATIONAL CONGRESS OF DIETETICS 2020

CAPE TOWN INTERNATIONAL CONVENTION CENTRE • SOUTH AFRICA

15 - 18 SEPTEMBER 2020 • www.icda2020.com



Simon Barquera, Mexico

Medical doctor with a Master and PhD in Nutrition from Tufts University. Currently serves as a leader in the line of obesity, diabetes and cardiovascular risk and is Director of the Nutrition and Health Research Center at the National Institute of Public Health of Mexico.



Jeannine Baumgartner, Switzerland

Senior Scientist at the Human Nutrition Laboratory of ETH Zürich in Switzerland and an Extraordinary Associate Professor at the Centre of Excellence for Nutrition of the North-West University (NWU) in South Africa. She holds an MSc in Food Science and Nutrition and PhD in Human Nutrition from ETH Zürich



Renee Blaauw, South Africa

Associate Professor in Therapeutic Nutrition at the Division of Human Nutrition, Stellenbosch University, South Africa. Main research interests include Nutrition support of critically ill patients, Hospital malnutrition, Nutritional management of gastrointestinal diseases; Pre- and Probiotics and Nutritional Epidemiology.



Edith Feskens, Netherlands

Professor in Global Nutrition at Wageningen University, Netherlands. Strong interest in research methodology, and is involved as Principle Investigator in several European research projects on e.g. glycemic index, sugars and sweeteners, and food metabolomics.



Stuart Gillespie, United Kingdom

Senior Research Fellow with the Poverty, Health and Nutrition Division of the International Food Policy Research Institute (IFPRI), CEO of the Transform Nutrition Research Program Consortium, Research Director of the Leveraging Agriculture for Nutrition in South Asia (LANSA) consortium, and leader of the SPEAR flagship (Supporting Policies, Programs and Enabling Action through Research) of the Agriculture for Nutrition and Health (A4NH) research program



Corinna Hawkes, United Kingdom

Currently Director of the Centre for Food Policy at City, University of London, UK. She has worked for 20 years with UN agencies, governments, universities and NGOs at the local, national and international level to support the design of more effective food policies to improve diets and prevent obesity and non-communicable diseases.



Amos Laar, Ghana

Ph.D, University of Ghana, and President, African Nutrition Association. He currently leads the implementation of 'INFORMAS' (International Network for Food and Obesity/NCDs Research, Monitoring and Action Support) modules in Ghana with support from colleagues and collaborators. Founder of hm2r (a global mentoring think tank), and President of African Nutrition Association (a learned society with members from all over Africa).



Yogan Pillay, South Africa

Deputy Director-General for health programmes in the national Department of Health. Prior to his appointment as DDG he held the positions of chief director for strategic planning and director for the district health system – all in the National Department of Health. He holds a Phd in public health from Johns Hopkins University.



Imtiaz Sooliman, South Africa

Qualified as a medical doctor at the University of Natal Medical School in 1984, and worked in private practice, which he terminated in 1994 to concentrate on Gift of the Givers Foundation (GOTG) which he founded in 1992. GOTG developed into one of the world's most respectable humanitarian organisations.



Kevin Whelan, United Kingdom

Professor of Dietetics and Head of the Department of Nutritional Sciences at King's College London. In 2012 he was awarded the Nutrition Society Cuthbertson Medal for clinical nutrition, in 2017 he was appointed a Fellow of the British Dietetic Association and in 2018 delivered the Dr Elsie Widdowson Memorial Lecture.

Abstract
submission closes
15 Oct 2019

Registration
launches
Sept 2019



REGISTRATION *Now open!*

15 - 18
SEPT 2020 | *Cape Town,
South Africa*

BRINGING THE WORLD
OF NUTRITION
to Africa

EMERGENCY REGISTRATION OPENS SEPTEMBER 6 2019
REFER TO THE ICD WEBSITE FOR REGISTRATION RATES
Cape Town
International Convention Centre (ICC)

IMPROVING NUTRITION. UNLOCKING POTENTIAL. ACCELERATING CHANGE.



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