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The Editor

The South African Journal of Clinical Nutrition
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“For Publication”

Dear Colleague

SUBMISSION OF ORIGINAL ARTICLE: “SCREENING FOR GESTATIONAL DIABETES - EXAMINING A BREAKFAST MEAL TEST”

Marais C, Van Wyk L, Conradie M, Hall DR

The incidence of gestational diabetes is rising continuously in South Africa. This affects both central and peripheral clinical units in our country. One of the central issues that have received less attention is the screening and/or diagnostic test. In this regard some alternatives to the routine 75g oral glucose tolerance test (OGGT) have been utilised. In this original research manuscript we examined a non-standardised breakfast meal test with the subsequent aim of formulating a reproducible, readily available, palatable equivalent (to the 75g OGTT) breakfast meal test.

We have chosen your journal as our first choice for submission due to its South African readership. The manuscript has not been published elsewhere and has not been submitted simultaneously for publication in another journal. We believe that the findings will be of interest to a wide audience within the field of nutrition and obstetrics in South Africa and similar resource-challenged countries. All of the authors participated in the study and none have declared conflicts of interest. The manuscript is submitted with the approval of the institution and of all the co-authors.

Number of words	=	2749 words
Clear Spoken Abstract	=	189 words
Structured Abstract	=	72 words

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