



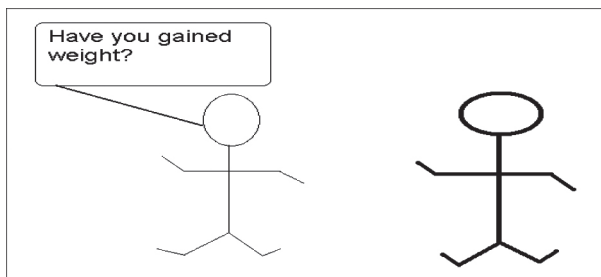
Association for Dietetics in
South Africa

From the President's Pen



After the successful and enlightening SASPEN/SAGES congress recently held in Port Elizabeth, the focus was once again placed on the ever-increasing epidemic of obesity. Research has shown that obesity is directly linked with mortality and many chronic ailments. The management of the obese, critically ill patient also

poses various challenges for dietitians. One of the key take-home messages was that in trying to prevent the problem of obesity, gradual weight gain should be addressed more aggressively.



Not everything that counts can be counted and not everything that can be counted counts (*Albert Einstein*).

Yours in nutrition

René Smalberger

ADSA President (2006 - 2008)

ADSA Executive Committee, 2006 - 2008

<i>President</i>	Rene Smalberger
<i>CPD</i>	Debbi Marais
<i>PPD</i>	Lauren Wyper
<i>Sponsorship</i>	Leigh Anne Silber
<i>Membership</i>	Daleen Rocher
<i>Communications</i>	Dudzile Mthuli
<i>Representation</i>	Karen Horsburgh

ADSA in the media

Women Inc. Magazine, a working women's magazine, has offered ADSA free coverage in this magazine.

Volume 1 Issue 6: A4-page ADSA advert with our contact details.

Volume 1 Issue 7: A4-page Editorial with our contact details.

CPD Accreditation office contact details:

Karen Horsburgh/Carine Davies
PO Box 565, Milnerton, 7453
Tel. 021 551-2993
Fax 021 551-2807

Email: cpd@adsa.org.za