



SASPEN NEWS: SEPTEMBER 2024

SASPEN is honoured to be part of the collaborative healthcare community involved in innovative endeavours that is transforming healthcare and promoting an attitude of excellence. SASPEN has exciting activities planned to support ongoing education and to promote the practical implementation of nutrition related topics into everyday healthcare practices.

The SASPEN PM Ward Round Club is a monthly event, hosted as an online platform with CPD accreditation. For information on topics, keep an eye out on our social media platforms or our website. If you are interested in presenting a case at one of these events, please contact info@saspen.co.za.

The annual congress hosted by SASPEN and the Critical Care Society of Southern Africa Congress (CCSSA) was hosted with great excitement as an “in-person event” on 22–25 August 2024 at the Sandton Convention Centre in Johannesburg. The congress featured local and international speakers with vast expertise in the field of clinical nutrition. Delegates had the opportunity to attend ESPEN LLL (Life-Long Learning) workshops on different topics and the program included exciting pre-congress workshops.

The SASPEN recognition awards was presented at the CCSSA Congress for contributions in the field of clinical nutrition:

- The Award for best oral presentation at the 2024 congress was awarded to Lizl Veldsman for her work on “the effect of intravenous bolus amino acid supplementation on plasma amino acid concentrations over 24 hours from baseline”.
- The Arina Prins Award for best original research publication in an international journal went to Dr Marwyn Sowden for her publication on the “Effect of a multistrain probiotic on growth and time to reach full feeds in pre-term neonates”.
- The Arina Prins Award for the best publication for clinical nutrition in a national journal was awarded to Galya Chinnery for her publication “Early economic benefits of perioperative nasojejunal tube feeding in non-critical care adult surgical patients with gastric feed intolerance”.
- The Arina Prins Award for the best clinical nutrition review article publication was awarded to Dr Janicke Visser for her article on “Prevalence and related assessment practices of adult hospital malnutrition: A scoping review”.

- The Arina Prins Award for the best clinical nutrition publication for a case study went to Safiyah Hassan for her contribution on “The perioperative nutritional management of a Whipples patient”.
- The SASPEN service award for exceptional contribution to the field of clinical nutrition, was awarded to the Groote Schuur Hospital Dietetics Department for their contribution to the continuous education to all dietitians through the establishment of a journal club.

The 2025 Congress will be hosted in Durban. We are looking forward to seeing familiar and new faces at the event.

Keeping with the topic of educational opportunities, SASPEN will be hosting a Malnutrition Mini-symposium, hosted online via MedTalkz on 16 November 2024. For more information, please visit our website www.saspen.co.za.

SASPEN will collaborate with CCSSA Western Cape branch in Cape Town in November 2024 to present The ICU modules of the LLL (Life Long Learning) program. Information on registration to follow on our website.

In solidarity with National Diabetes Awareness Month in November, SASPEN will be presenting an additional LLL Topic covering Diabetes and NCD's. The training will be presented virtually via MedTalkz on 2 November 2024.

The 2021–2024 SASPEN committee would like to thank all our members for their support, dedication and commitment to science-based nutritional care and innovation. We have been privileged to contribute to the development of clinical nutritional practices and knowledge over the last 3 years. We have been inspired by the creativity and perseverance of so many colleagues in the clinical nutrition community. We will forever be friends of the council. We wish the new council fortune and favour in their endeavours.

SASPEN would like to hear about your initiatives and plans. Please join us on Facebook, Instagram, Threads and on LinkedIn to stay informed about events and opportunities. You can visit our webpage on www.saspen.com for any information on the Society and our activities.