



SASPEN NEWS

This year, SASPEN has strengthened its commitment to advancing clinical nutrition knowledge through a variety of educational events. In April, we hosted a well-attended full-day workshop in Cape Town focused on gastrointestinal anatomy and practical nutrition-related surgical aspects. August saw our annual Congress in partnership with the Critical Care Society of Southern Africa (CCSAA) at the Sandton Convention Centre.

The Congress featured an excellent scientific program with renowned speakers, including Prof Isabel Correia and Prof Elisabeth de Waele, as well as contributions from esteemed local faculty. Alongside the main program, we also offered Life-Long Learning (LLL) workshops on topics such as Total Parenteral Nutrition and Paediatrics, led by experts in these fields. Our series of LLL workshops continued with an in-person session on ICU nutrition in Cape Town on November 22nd and an online

webinar on diabetes and dyslipidaemia earlier in the month. Additionally, our MedTalkz mini-symposia focused on key topics, including nutritional management in oncology and palliative care in May and an upcoming session on hospital malnutrition in November, offering members valuable insights and learning opportunities. We also launched a roadshow campaign to extend our educational outreach, beginning in Klerksdorp in October and set to continue in the Northern Cape early next year. Our monthly PM ward rounds, providing a platform for members to engage on relevant clinical topics, remain a core part of our educational offerings, with recordings accessible to members on our website. SASPEN looks forward to building on these initiatives in the coming year to continue supporting professional growth and excellence in clinical nutrition.