



The ADSA core executive committee who are the portfolio holders meet twice per year as dictated by the constitution. At the second meeting branch chairpersons join the core executive committee to form the extended executive committee. The meetings take one full day which is normally longer than eight hours and a half day which ends at 1 pm. Each portfolio holder reports on the actives taken since the previous meeting including successes and challenges experienced. Branch chairpersons report on the branch activities undertaken during the year since the previous meeting. It is praiseworthy to mention that almost all dieticians in different regions participate actively in continued education activities. Sitting together also inspires some other areas to undertake similar activities in the future.

To recap in a very short summary on some of the issues discussed: Like in any organisation the financial situation is paramount in management. This was the first point in discussions. Details will be discussed by chairpersons at branch level. Contraventions of professional practise were discussed. It is important to note that this is a confidential discussion in which the names cannot be divulged. Dietician's actions in all parts of the country reflect on the profession. Some of the contraventions are due to ignorance of the professional conduct rules. This is why discussions on ethics are considered important as to be mandatory in attaining adequate CEU points.

Membership details have been complicated to say the least. The adsa executive committee congratulated the membership portfolio holder for tirelessly working at sorting out the membership list. Apologies are offered to associates who have been inconvenienced by the supply of wrong names and wrong addresses. The committee would like to also extend a request to members to inform the secretariat when their personal details change.

The executive committee welcomes Robyn Rees who has taken over the PPD portfolio and thanks Lauren for her efforts while in office. It would be amiss not to comment on the positive ambience amid the intense activities and discussions in the meeting. Congratulations are extended to Rene the ADSA President for a successful meeting.

ADSA will be celebrating its 21st birthday on Monday the 29th of September. All adsa members are invited to the adsa birthday bash which will take place at the end of the biannual general meeting.

## Happy Birthday ADSA.

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## NEW LOGO FOR THE NUTRITION SOCIETY OF SOUTH AFRICA



**It gives the Council of the Nutrition Society of South Africa (NSSA) great pleasure to introduce the new logo of the Society to all its members as well as the readers of the South African Journal of Clinical Nutrition.**

At the 21st Biennial General Meeting of NSSA held in Port Elizabeth, 2006, Council proposed that a new logo should be developed for the Society. It was agreed that there was a need for a more modern design to communicate the aims and objectives of the Society to the nutrition and science fraternity. Members responded positively to the proforma designs which were shown and Council proceeded with the development of a new logo. In December 2007 NSSA members were given the opportunity to vote for one of two examples of the new logo, or as an alternative continue with the old logo. The majority of those who voted chose the logo shown below. This logo has been accepted as the official logo of NSSA and will now also appear in the South African Journal of Clinical Nutrition.

### Symbolism of the new logo

1. Hand = humans/community/people
2. Colours of the flag of South Africa
3. Wheat = food/nutrition
4. Flask = science (and water as part of nutrition)
5. The name indicates that it is the NSSA of South Africa
6. NSSA = acronym for The Nutrition Society of South Africa

The above-mentioned all form part of the overall aim of the NSSA:

**To advance the scientific study of nutrition to promote appropriate strategies for the improvement of nutrition well-being.**

### VISIT TO THE DEPARTMENT OF HEALTH, DIRECTORATE NUTRITION, BY NSSA COUNCIL MEMBERS

During the biennial workshop held by NSSA Council members during February 2008 it became clear that there was a need to form closer links with the Department of Health, Nutrition Directorate, in order to address nutrition-related issues in the country. The Council initiated the process and the Nutrition Directorate kindly hosted the meeting at their offices in Pretoria on 28 May 2008. Matters of mutual interest were discussed and it was agreed to keep the lines of communication open and to collaborate towards achieving the goals and objectives of both groups, i.e. to improve nutrition well-being in the country. Should members of NSSA be interested in obtaining more information about the meeting they can contact Prof Rina Swart (President of NSSA) on: [www.nutritionssociety.co.za](http://www.nutritionssociety.co.za)