|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Author** | **Year and study design** | **n** | **Gender** | **Age****(years)** | **Province** | **Data reported as** | **Underweight****WAZ < -2** | **Stunting****HAZ < -2** | **Wasting****BAZ < -2** |
| **Boys** | **Girls** |
| Van Stuijvenberg et al14\* | 2006,RCT | 361 | 185 | 176 | 6-11 | Western Cape | % | 7.7 | 14.4 | 1.1 |
| Troesch et al15\* | 2009,RCT | 200 | 111 | 86 | 5-11 | Northern Cape | Median(95% CI) | *Treatment group:*WAZ = -1.5 (-1.9,-1.2) | *Treatment group:*HAZ = -1.6 (-2, 1.4) | NR |
| *Control:*WAZ = -1.4 (-1.6, -1.1) | *Control:*HAZ = -1.4 (-1.6, -1.2) |
| Taljaard5\*\* | 2010,Cross-sectional | 407 | 211 | 196 | 6-11 | North-West | % | 14 | 12.8 | 8.4 |
| Baumgartner6\*\* | 2009-2010,RCT | 321 | 163 | 158 | 6-11 | KwaZulu- Natal | % | 2.1 | 6.2 | NR |
| Kruger et al13\*\*,\*\*\* | 2005,Cross-sectional | 462 | NR | NR | 7-9 | South Africa | % | 9.5 (6.8, 12.1) | 14.3 (11.1, 17.5) | 6.7 (4.3, 9.1) |