

SUPPLEMENTARY MATERIAL

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Sugar-sweetened beverage intake and anthropometric profile of Grade 6 learners in the Nelson Mandela Bay area, South Africa: a mixed-methods study

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FOCUS GROUP QUESTIONS

During the focus group, leading questions will be asked to stimulate a discussion. These questions can be found below. However, not all the questions have to be asked. The discussion format depends on the students and what they would like to discuss on the topic given.

QUESTIONS:

Do you think healthy eating is important? What is your reason?

What do you think are example of sugary drinks?

What do you think about sugary cooldrinks?

Why do you think children drink sugary drinks (like fizzy cooldrink, flavoured waters, fruit juices, cordials etc) ?

Why do you think some children do not drink sugary drinks?

Have you been told about any negatives/ bad things about sugary cooldrinks and what were they?

How do you think we can help children to drink less sugary cooldrinks?