

ADSA DIRECTIONS – SEPT

INTRODUCING THE ADSA EXECUTIVE COMMITTEE 2025 – 2028

We are proud to introduce the newly elected Executive Committee of ADSA. This dedicated group of professionals has volunteered their time and expertise to lead the association over the next three years, with a clear focus on advancing the profession of dietetics across the country. This will be a particularly exciting time for ADSA, as various transformational changes to the structure and governance of the Executive Committee that were written into ADSA's Constitution in 2024, will now be implemented. This includes streamlining some portfolios within the committee, as well as an extended term of office to three years.

The first quarterly executive committee planning meeting for the new term was held on 15 August 2025 and brought about fruitful discussions and strategic planning. During this term, the committee will focus on four key operational priorities: Finance, Membership, Continuing Professional Development,

and Communication. These areas are critical to ensuring that ADSA remains a sustainable, relevant, and supportive professional home for all dietitians in South Africa.

We thank each of our committee members for their willingness to serve and look forward to the progress and growth their leadership will bring. We also extend a special word of recognition for each portfolio holder on the outgoing executive committee (2023 – 2025 term), each branch chairperson and each member of a branch committee who has served the profession over the past term – your unwavering commitment allows ADSA to stand proud in what we do.

As always, your ADSA Executive Committee is here to serve our members and develop and strengthen the dietetic profession. Please reach out if you have any questions or would like to be involved.



STAY IN TOUCH

Stay in touch with ADSA and help us spread the word to promote optimal nutrition for all South Africans:

- Website: <http://www.adsa.org.za>
- Email: info@adsa.org.za or coo@adsa.org.za
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- Instagram
- LinkedIn
- YouTube



ADSA
ASSOCIATION FOR DIETETICS
IN SOUTH AFRICA

EXECUTIVE COMMITTEE 2025 - 2028



MARIA VAN DER MERWE
PRESIDENT
president@adsa.org.za



REON VAN AARDT
TREASURY
treasury@adsa.org.za



JESSICA BYRNE
CHIEF OPERATING OFFICER
coo@adsa.org.za



JANKE DRAPER
MEMBER RELATIONS
membership@adsa.org.za



NASREEN JAFFER
CPD
cpdoffice@adsa.org.za



BERNADINE BLOM
PROFESSIONAL PRACTICE
ppd@adsa.org.za



ESTELLE VENTER
ADSA LEARN
adsalearn@adsa.org.za



ELSKE RICH
COMMUNICATIONS
publicrelations@adsa.org.za

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WEBINAR RECORDING: HOW TO BE A GOOD REVIEWER FOR SCIENTIFIC JOURNALS

The SAJCN Management Committee recently hosted the webinar 'How to be a good reviewer for scientific journals', presented by Prof Mieke Faber. The webinar provided practical guidance to equip current reviewers or those interested in becoming a reviewer with the tools and insights needed to conduct constructive, ethical, and high-quality peer reviews for the South African Journal of Clinical Nutrition. The webinar was well-received, with over 60 attendees taking part.

ADSA is proud to announce that the recording of the webinar is now available for viewing on the

ADSA Learn platform. The webinar is accredited for 1 clinical CEU and can be accessed free of charge. Access the activity at <https://adsa.org.za/product/how-to-be-a-good-reviewer-for-scientific-journals/>. Please note you need to be registered and logged in on ADSA Learn to purchase this course (even though it is free of charge). If you are already an ADSA Member or ADSA Learn Student, [Login here](#). If not, [register here](#) to create a free ADSA Learn account, whereafter you can add the course to your cart.

NUTRITION CONGRESS 2026 – SAVE THE DATE

We are thrilled to announce the upcoming Biannual Nutrition Congress, proudly co-hosted by the ADSA and the Nutrition Society of South Africa (NSSA).

Date: 7–9 October 2026

Venue: The Wanderers Club, Gauteng

This premier event will bring together leading experts, researchers, and professionals in nutrition and dietetics for three days of knowledge-sharing, networking, and inspiration.

Mark your calendars, start planning, and watch this space for exciting updates as we count down to 2026!



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